



THE *scout* ASSOCIATION
OF MALTA

Xghajra Scout Group

xghajrascouts.org

4.02. Hiker

- (a) Describe how to prepare for a day outing, including what to pack, what to wear, and how to stay safe.
- (b) Demonstrate your knowledge of the Highway Code and Countryside Code.
- (c) Keep a hiking log covering at least 24 km, with each individual hike being at least 6 km long.
- (d) Learn and explain common trekking signs and how they are used on the trail.
- (e) Mention two additional methods for marking trails while hiking.
- (f) Describe four potential dangers while hiking (e.g. getting lost, dehydration, injury, bad weather) and explain what to do in each situation.
- (g) Show how to plan a hike using a map and legend, including how to read key symbols and identify your route.